

## How it works

Bicester Good Neighbour Scheme is run by a co-ordinator and volunteer committee who oversee the smooth running of the project. They organise the volunteers, clients and visits.

To ensure that people who use the service and our volunteers stay safe, we will ask everyone to provide us with information such as emergency contact details, whether they have any special needs and some safety questions about clients' home environment. All information is kept confidential at all times.



## With thanks to:



Bicester Good Neighbour Scheme's costs are covered by a mix of donations, fundraising, and charitable grants. Thank you to all our supporters and our fantastic volunteers.



## What is the **Bicester Good Neighbour Scheme?**



The Bicester Good Neighbour Scheme provides a free friendly volunteer visiting service to older people living in Bicester and near by villages.

If you feel you could benefit from a little extra friendship and support then we are happy to help you.

Who qualifies for the Good Neighbour Scheme? Our volunteers are happy to visit anyone who needs help but priority will be given to those who are over 65 and living alone.

### **These are some of the things our volunteers are happy to help with:**

- ◆ Practical tasks at home - like changing a light bulb.
- ◆ Help with the shopping or collecting a prescription.
- ◆ Light gardening work.
- ◆ Help with forms or letters.
- ◆ Walking or feeding a pet.
- ◆ Checking that you are safe, warm and well.
- ◆ Just having a chat/befriending.
- ◆ Information about advice and other services you might need.



## Would you like to **become a volunteer?**

If you are interested in becoming a volunteer and helping older people in your community please call us to find out more.

## What the **volunteers do.**

Bicester Good Neighbour Scheme volunteers are simply kind hearted people who have an hour or two to spare each week to help others. They can assist with practical tasks, do odd jobs or just visit for a cup of tea.

## How else **can you help?**

Can't commit to weekly volunteering? Why not help us at local events or by fundraising. See our website or call us if you can lend a hand to support the scheme.

## How to **arrange for a volunteer to visit you.**



You may like to have one of our volunteers visit you every week for a cup of tea and a chat or you might just call on us when you need help with a particular job or problem.

If you would like to arrange a visit from one of our volunteers you can call our coordinator on: 07849 799 530

All volunteers have been checked by the Disclosure and Barring Service and they all carry identification.

Bicester Good Neighbour volunteers do not replace carers and are not able to provide personal care. They are not able to assist people experiencing severe mental health problems.

### **Reactions to the scheme:**

#### **Barbara:**

*“Opened my world, she’s a lovely lady and has given me a new lease of life. I will look forward to having the next visit.”*

#### **Win:**

*“Just a joy. I wouldn’t get half of what I get done now without having my volunteer.”*

